

Class

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Unit 1. PSYCHOLOGY

Lesson 1 Differences That Don't Divide

Word	PoS	English Definition
analytical	adj.	related to the use of reasoning
compile	v.	to collect; to build up
conventional	adj.	traditional and ordinary; widely accepted
exclusively	adv.	only
genetics	n.	the study of genes in plants and animals
inbreeding	n.	producing children from closely related individuals
interaction	n.	a situation where two or more people or things communicate with each other
introspective	adj.	quiet and thoughtful
mutation	n.	an error or change in a gene
nurturing	adj.	helping someone or something grow or develop
outgoing	adj.	friendly and socially confident
perceive	v.	to think of something in a particular way
physiological	adj.	related to the functioning of the body
prior to	adj. phr.	before a particular time or event
retain	v.	to keep or continue to have something
ultimately	adv.	in the end; at the most basic level

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Unit 1. PSYCHOLOGY

Lesson 2 Should You Swipe?

Word	PoS	English Definition
addictive	adj.	having a strong and often harmful quality that makes people dependent
approach	n.	a way of considering or doing something
behavior	n.	the way a person or animal acts with others
committed	adj.	loyal and willing to give your time and energy to something that you believe in
couple	n.	two people who are married or in a romantic relationship
disposable	adj.	intended to be thrown away after use
ego	n.	the opinion that you have about yourself or your self-importance
factor	n.	a fact or situation that influences the result of something
frustrated	adj.	very upset because of being unable to do something
mental	adj.	relating to the mind
process	n.	a series of actions that you take in order to achieve a result
rejection	n.	the feeling that someone does not give you the love or attention you were expecting
self-esteem	n.	a feeling of confidence in one's abilities or self
shortcut	n.	a quicker or easier way to do something or get somewhere
superficial	adj.	only concerned with outward appearance; not deep or meaningful
swipe	v.	to move one's finger across a touchscreen to activate a function

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Unit 2. BUSINESS

Lesson 1 The Business of Sharing

Word	PoS	English Definition
ambiguous	adj.	having or expressing more than one possible meaning, sometimes intentionally
coincidence	n.	chance or luck
compensation	n.	the payment and other benefits that an employee receives for doing their job
evolve	v.	to change or develop gradually
facilitate	v.	to make something possible or easier
fluid	adj.	easily subject to change or movement
gig	n.	a temporary job, usually for a specified time
leverage	v.	to use something to increase the power and effectiveness of something else
mainstream	adj.	having, reflecting, or being compatible with the most common attitudes and values of a society or group
ownership	n.	the state of having legal or rightful title to something
participant	n.	a person who takes part in or becomes involved in a particular activity
platform	n.	an application or website that serves as a base for providing a service
rigid	adj.	not able to be changed
stability	n.	the state of being firmly fixed or not likely to move or change
transaction	n.	an action involving an exchange or transfer of goods, services, or funds between two or more parties that directly affect or influence each other
umbrella term	n.	a word, name, or phrase that groups other words, names, or phrases into a single, common category

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Unit 2. BUSINESS

Lesson 2 The Freedom to Work

Word	PoS	English Definition
corporate	adj.	relating to a large company
distinction	n.	a difference between two similar things
downside	n.	a drawback or disadvantage
eventual	adj.	happening later or at the end, especially after a lot of effort, problems, etc.
hazardous	adj.	dangerous
human capital	n.	employees and all their knowledge, skills, etc. that make them valuable
indicative	adj.	being or relating to a sign that something exists, is true, or is likely to happen
labor	n.	work; effort
likewise	adv.	in the same way
mutually	adv.	felt or done by two or more people or groups in the same way
representation	n.	a person or group that speaks or acts for or in support of another person or group
scenario	n.	a description of possible actions or events
subtle	adj.	hard to notice or see
vice versa	adv.	used to say that the opposite of a statement is also true

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Unit 3. SOCIOLOGY

Lesson 1 People over Profits

Word	PoS	English Definition
administration	n.	the act or process of managing or dealing with a business activity
automated	adj.	done by a machine automatically or without needing to be controlled
deflation	n.	a reduction of the supply of money in an economy, and therefore a reduction of economic activity
destitution	n.	a state of being extremely poor
fund	v.	to provide the money to pay for an event, activity, or organization
implement	v.	to start using a plan or system
infrastructure	n.	the basic systems and services, such as transport and power supplies, that a country or organization uses in order to work effectively
inspection	n.	the act of checking or testing something carefully against established standards
policy	n.	a set of ideas or a plan of what to do that has been agreed to officially by a group of people, a business organization, a government, or a political party
prosperous	adj.	wealthy and successful
regardless of	phrasal adv.	despite; without being stopped or affected by something
regulation	n.	an official rule or the act of controlling something
slip through the cracks	idiom	to not be noticed or dealt with by a system; to not receive needed attention or help
socioeconomic	adj.	related to or involving the interaction of social and economic factors
welfare	n.	help given by the state to people who need it, especially because they do not have enough money
workplace	n.	the office, factory, etc. where people work

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Unit 3. SOCIOLOGY

Lesson 2 Hold Out on Handouts

Word	PoS	English Definition
assistance	n.	help, especially money or resources that are given to people, countries, etc. when they have experienced a difficult situation
civil	adj.	of or relating to ordinary citizens
eligibility	n.	having the right to do something or receive something by meeting specific requirements
equivalent	adj.	having the same amount, value, purpose, qualities, etc.
GDP	n.	abbreviation of "gross domestic product," which is the value of all goods and services produced in a country
glitter	v.	to shine brightly
healthcare	n.	an organized system to provide medical care to people or groups
incentive	n.	something that encourages a person to do something
insecurity	n.	the state of being open to danger or threat; lack of protection
nonpartisan	adj.	not supporting a particular political group over others
obstacle	n.	something that makes doing something more difficult
radical	adj.	believing or expressing the belief that there should be great or extreme social or political change
restriction	n.	an official limit on something
subsidize	v.	to pay part of the cost of something
sustainable	adj.	able to continue over a period of time
theory	n.	an idea or set of ideas that is intended to explain something

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Unit 4. INFORMATION TECHNOLOGY

Lesson 1 How Do You Like Me Now?

Word	PoS	English Definition
concentrate	v.	to direct one's attention or efforts towards a particular activity
criteria	n.	conditions or facts used as a standard by which something can be judged or defined
cyberbullying	n.	the activity of using the internet to harm or frighten another person
depressed	adj.	unhappy and without hope
disorder	n.	an illness or condition that interferes with normal physical or mental functions
exhibit	v.	to show or display something outwardly for others to see
mood swing	n.	a sudden change in mood that is hard to explain
neurotransmitter	n.	a chemical that carries messages between parts of the brain called neurons
phenomenon	n.	a fact or situation that exists or happens, especially one whose cause or explanation is in question
preceding	adj.	existing or happening before someone or something
pursue	v.	to try to gain; to seek
reliant on	adj. phr.	needing a particular thing or person in order to continue or succeed
rush	n.	(informal) a sudden thrill; an intense feeling of excitement
stressor	n.	something that causes great worry or emotional difficulty
validation	n.	the feeling that other people approve of and accept you, or something that gives you this feeling
withdrawal	n.	the unpleasant physical and mental effects that result when you stop doing or taking something (such as a drug) that has become a habit

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Unit 4. INFORMATION TECHNOLOGY

Lesson 2 Healthy Screen Time

Word	PoS	English Definition
aware	adj.	knowing that something exists or is true
binary	n.	relating to or consisting of two things, in which everything is either one thing or the other
bond	v.	to develop a close connection or strong relationship with someone
context	n.	the situation within which something exists or happens and which can help explain it
creativity	n.	the ability to produce or use original and unusual ideas
enriching	adj.	making richer by the addition or increase of some desirable quality, attribute, or ingredient
ensure	v.	to make something certain to happen
excess	adj.	more than is acceptable, expected, or reasonable
intertwined	adj.	twisted together or closely connected so as to be difficult to separate
link	v.	to make a connection between two or more people, things, or ideas
log	v.	to manage to do or get a particular number or amount of something
outcome	n.	the result or effect of an action, situation, etc.
redefine	v.	to change the meaning of something or to make people think about something in a new or different way
silver lining	n.	an advantage that comes from a difficult or unpleasant situation
turn (something) on its head	idiom	to completely change something or make people think in a new way about it
unavoidable	adj.	impossible to avoid

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Unit 5. SOCIOLOGY

Lesson 1 How Do We Choose Our Friends?

Word	PoS	English Definition
acquaintance	n.	someone who you know but do not know well
ally	n.	a person or group that agrees to defend another person or group
complex	adj.	difficult to understand or find an answer to because of having many different parts
cultivate	v.	to try and make (something) grow
empathize	v.	to understand and share another's feelings
genuine	adj.	real; true
groom	v.	to clean and maintain
hypothesis	n.	an idea or explanation for something that is based on known facts but has not yet been proved
inclined	adj.	likely or wanting to do something
noble	adj.	having good moral qualities and behavior
obvious	adj.	easy to see, recognize, or understand
proximity	n.	nearness
randomly	adv.	in a way that happens, is done, or is chosen by chance rather than according to a plan
resident	n.	a person who lives or has their home in a place
seek	v.	to try to find or get something, especially something that is not a physical object
status	n.	an accepted or official position or rank, especially in a social group

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Unit 5. SOCIOLOGY

Lesson 2 Cutting Your Losses

Word	PoS	English Definition
boundaries	n.	unofficial rules about what should not be done; limits that define acceptable behavior
by default	idiom	happening through lack of action or lack of alternatives rather than by choice
constructive	adj.	useful or beneficial and likely or intended to make things better
determine	v.	to decide something especially because of evidence or facts
explicitly	adv.	in a way that is clear and exact
formula	n.	a standard or accepted way of doing or making something
fundamental	adj.	forming the base, from which everything else develops; more important than anything else
guideline	n.	information intended to advise people on how something should be done or what something should be
imply	v.	to communicate an idea or feeling without saying it directly
inflexible	adj.	fixed and unable or unwilling to change
principle	n.	a basic idea or rule that explains or controls how something happens or works
proverb	n.	a brief popular saying that advises about how people should live or that expresses a belief that is generally thought to be true
ridicule	v.	to laugh at or make fun of someone in an unkind way
wisely	adv.	based on good reasoning or information; showing good sense or judgment
worthy	adj.	good and deserving respect, praise, or attention

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Unit 6. MARKETING

Lesson 1 Profits or the Planet

Word	PoS	English Definition
attitude	n.	a feeling or opinion about something or a way of behaving that is caused by this
concept	a.	a principle or idea
consumer	n.	someone who buys goods or services for personal use
demotivating	adj.	making someone less pleased with doing work or a task
emissions	n.	something that is sent out or emitted, such as gas or energy
ethically	adv.	in a way that is morally right or that relates to moral principles
governance	n.	the way that organizations or countries are managed at the highest level and the systems for doing this
initiative	n.	a plan or process to achieve something or solve problems
investor	n.	a person who puts money into something in order to make a profit
jargon	n.	usually used negatively: the language used by a particular group of people for certain activities
milestone	n.	an important point or step in a project, process, or development
obesity	n.	the condition of being extremely fat to the point of danger to one's health
quantifiable	adj.	able to be measured
recover	v.	to get back something lost or spent
strategy	n.	a detailed plan for achieving success in situations such as war, politics, or business
wasteful	adj.	using or taking more of something than is needed, causing it to be wasted

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Unit 6. MARKETING

Lesson 2 Invest in Ethics

Word	PoS	English Definition
bottom line	n.	the final line in the accounts of a company or organization that states its total profit or loss
greed	n.	a strong wish to continuously get more of something, especially food or money
impact	n.	a powerful effect that something, especially something new, has on a situation or person
innovative	adj.	new and different; using new ideas or methods
interpretation	n.	an explanation or opinion of what something means or is
measurable	adj.	able to be measured to discover its exact size, amount, etc.
mentality	n.	a person's particular way of thinking about things
oversimplification	n.	the action of describing or explaining something in such a simple way that it is no longer correct or true
ratings	n.	measurements of the quality or success of things or of particular features they have, especially when compared with other things of the same type
resilient	adj.	able to survive, be successful, etc. again after something difficult or bad has happened
societal	adj.	relating to or involving a large group of people who live together
trace	v.	to find the origin of something
transparency	n.	the quality of being done openly: without secrets
trend	n.	a general direction of change; a way of behaving that is becoming more common
vary	v.	to differ from something else of the same general type

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Unit 7. EDUCATION

Lesson 1 E-Learning: A Window of Opportunity

Word	PoS	English Definition
accessible	adj.	able to be reached or easily gotten
albeit	conj.	although
alternative	n.	one of two or more things to be chosen
debate	n.	a discussion of a subject between multiple people in which they express different opinions
engaging	adj.	tending to please and interest people; appealing
extroverted	adj.	outgoing, energetic, and preferring to spend time with other people rather than alone
generation	n.	a group of individuals about the same age living within a society
integrate	v.	to combine two or more things in order to become more effective
introverted	adj.	shy, quiet, and preferring to spend time alone rather than often being with other people
metric	n.	a set of numbers that give information about a particular process or activity
pandemic	n.	a dangerous disease that infects many people at one time
personalized	adj.	used to describe an item that has been made for a particular person
proceed	v.	to continue as planned
retention	n.	the ability to keep or continue having something
rollout	n.	the act of making something, especially a product or service, available for the first time

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Unit 7. EDUCATION

Lesson 2 No Replacement for the Classroom

Word	PoS	English Definition
analyze	v.	to study something in a systematic and careful way
associated	adj.	connected or related
attribute	v.	to say or think that something is the result of a particular thing
cognitive	adj.	related to thinking or conscious mental processes
contact	n.	the fact of two people or things touching each other
distraction	n.	something that makes you stop giving your attention to something else
effectiveness	n.	the degree to which something works or is successful at its intended job
efficacy	n.	the ability of something to produce the intended result
focus	n.	careful and directed attention
format	n.	the way in which something is shown or arranged
isolation	n.	the condition of being alone, especially when this makes you feel unhappy
monitor	v.	to watch, keep track of, or check usually for a special purpose
not all that it's cracked up to be	idiom	disappointing; not as good as expected
productivity	n.	the rate at which a person, company, or country does useful work
task	n.	a piece of work to be done
unsupervised	adj.	without anyone watching to make sure that nothing dangerous or wrong is happening

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Unit 8. CRIMINAL JUSTICE

Lesson 1 Crime and Punishment

Word	PoS	English Definition
activist	n.	someone who tries to cause social or political change
authority	n.	a person or organization with power or control in a particular area of activity
consistently	adv.	in a way that does not change
deter	v.	to make someone less likely to do something or to make something less likely to happen
enforce	v.	to cause a law or rule to be obeyed
fairness	n.	treatment of everyone in the same way, so that no one has an advantage
go on strike	idiom	to stop working to force an employer to comply with demands
impose	v.	to force someone to accept something
inflict	v.	to make someone suffer by doing something unpleasant to them
instinct	n.	the way someone naturally reacts or behaves, without having to think about it
loot	v.	to steal from shops and houses during a war or period of fighting
mechanism	n.	a way of doing something that is planned or part of a system
remove	v.	to get rid of
restore	v.	to put or bring back into existence or use
restrain	v.	to control one's actions or behavior
violate	v.	to not obey a law, rule, or agreement

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Unit 8. CRIMINAL JUSTICE

Lesson 2 Second Chances

Word	PoS	English Definition
code	n.	a system of principles or rules
facilities	n.	the buildings, equipment, and services provided for a particular purpose
incarceration	n.	keeping one in a jail or prison
instance	n.	a particular situation, event, or fact
institution	n.	a building where people are sent to be cared for, especially hospitals or prisons
juvenile	adj.	of or relating to young people
legal	adj.	relating to the law
mediation	n.	indirect communication through an intermediary
perspective	n.	a particular way of considering something
recidivism	n.	the act of continuing to commit crimes even after having been punished
rehabilitation	n.	the process of returning to a healthy or good way of life
series	n.	a number of events of the same class happening in temporal succession
stigma	n.	a mark of shame or discredit
subculture	n.	an ethnic, regional, economic, or social group exhibiting patterns of behavior that distinguish it from others within a culture or society
unique	adj.	being the only existing one of its kind
wrongdoing	n.	evil or improper behavior or action

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Unit 9. ENGINEERING

Lesson 1 Automation: Here to Help

Word	PoS	English Definition
advocate	n.	someone who publicly supports something
appliance	n.	a device or machine that is used in the home
automation	n.	the use of machines and computers that can operate without needing human control
differentiate	v.	to show or find the difference between things that are compared
drone	n.	an aircraft that does not have a pilot but is controlled by someone on the ground or by a computer program
embodied AI	n.	artificial intelligence that exists as or works with a physical object
invisible	adj.	impossible to see
machine learning	n.	the field in which computers learn to change what they do without humans giving them instructions
nevertheless	adv.	despite what has just been said or referred to
precise	adj.	exact and accurate
predict	v.	to say that an event or action will happen in the future, especially as a result of knowledge or experience
self-driving	adj.	used to refer to a vehicle that drives itself
simplify	v.	to make something less complicated and therefore easier to do or understand
take a back seat	idiom	to choose not to be in a position of responsibility in an organization or activity
transform	v.	to change completely, usually in a good way

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Unit 9. ENGINEERING

Lesson 2 The Real Cost of AI

Word	PoS	English Definition
capability	n.	the ability or power to do something
compound	n.	a substance formed by the chemical union of two or more ingredients
decimate	v.	to cause great destruction or harm
dictator	n.	a ruler with total power over a country and its people, typically by force
displacement	n.	the removal of someone or something by someone or something else which takes their place
immortal	adj.	not able to die
maintenance	n.	the work needed to keep a road, building, machine, etc. in good condition
maximize	v.	to make something as great in amount, size, or importance as possible
minimize	v.	to reduce something to the least possible level or amount
relocate	v.	to leave an old location and move to be based in a new location
solely	adv.	only; not involving anyone or anything else
state-of-the-art	adj.	using the newest ideas, designs, and materials
upheaval	n.	extreme, radical, and sudden change and disorder
whereas	conj.	compared with the fact that; but
worsen	v.	to become worse
yield	v.	to produce or provide something

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Unit 10. HEALTH

Lesson 1 The Real Cost of Lost Sleep

Word	PoS	English Definition
chronic	adj.	happening continuously over a long period of time
collapse	v.	to fall or lose structure suddenly because of pressure or having no strength or support
contributor	n.	a reason for why something happens
deprivation	n.	a state in which you've gone a long time without something
diminish	v.	to reduce or be reduced in size or importance
drowsy	adj.	sleepy; half-asleep
emphasize	v.	to show that something is very important or worth giving attention to
error	n.	a mistake
hormone	n.	a product of the body that is used to produce specific effects on the cells
immune system	n.	the system that protects the body from disease
insufficient	adj.	not enough in amount, strength, or quality; less than is needed
overwork	n.	too much work
prioritize	v.	to decide which of a group of things are the most important so that you put it first
schedule	n.	a formal plan of activities or tasks and the times or dates when they are intended to happen
syndrome	n.	a group of symptoms that happen together and characterize an illness

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Unit 10. HEALTH

Lesson 2 Burnout Syndrome

Word	PoS	English Definition
academic	adj.	relating to schools, colleges, and universities, or connected with studying and thinking
behavioral	adj.	relating to behavior; the way people act and the things they do
consequently	adv.	as a result
contemporary	adj.	existing or happening now
cynical	adj.	believing that the world is not a good place and that other people only care about themselves
detached	adj.	not showing emotional involvement or interest; feeling separate from other people
exposed (to)	adj. phr.	introduced to or made vulnerable to (something damaging)
invincible	adj.	impossible to defeat
meditation	n.	the act of focusing on one thing or nothing to become calm and relaxed
negative	adj.	not expecting good things, or likely to consider only the bad side of a situation
overwhelming	adj.	very strong and difficult to deal with
procrastination	n.	the act of delaying something that must be done
prolonged	adj.	lasting for a long time
prospect	n.	the possibility of being successful
revenue	n.	the total income produced by a given source
temporarily	adv.	during a limited time; not permanently

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Unit 11. CHILD PSYCHOLOGY

Lesson 1 Food for Thought

Word	PoS	English Definition
adolescence	n.	the stage of development between early childhood and before adulthood
aggression	n.	hostile, hurtful, or destructive behavior typically caused by frustration
consumption	n.	the amount used or eaten
devote	v.	to use a particular amount of time or energy doing something
engage in	ph. v.	to take part in something
exemplify	v.	to show or illustrate by example
finding	n.	the results of an investigation, examination, or controlled study
frequency	n.	the number, proportion, or percentage of times something happens in a given amount of time
gesture	n.	something said or done as a symbol or token for its effect on the attitudes of others
guaranteed	adj.	certain to succeed, work, or be true
insignificant	adj.	small or not noticeable, and therefore not considered important
manual	n.	a book that gives you practical instructions on how to do something or how to use something, such as a machine
method	n.	a particular way of doing something
odds	n.	the probability that a particular thing will or will not happen
outlet	n.	a means of release or satisfaction for emotions or impulses
similarly	adv.	in a similar way

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Unit 11. CHILD PSYCHOLOGY

Lesson 2 Participation Trophies

Word	PoS	English Definition
adjust	v.	to become more familiar with a new situation
coddled	adj.	treated in an overly protected way
encounter	v.	to experience something, especially something unexpected or unpleasant
entitlement	n.	the belief that you deserve privileges or special treatment
hover	v.	to stay in close contact; to closely watch over someone or something
hurdle	n.	a barrier or obstacle that makes it difficult to achieve a goal
inflated	adj.	expanded to an unreasonable or justifiable amount
mediocre	adj.	not very good; of average quality
motivate	v.	to make someone want to do something well
potential	n.	someone's or something's ability to develop, achieve, or succeed
proportional	adj.	changing at the same rate, so that the relationship between them does not change
specifically	adv.	relating to one thing and not others; particularly
sum up	phr. v	to neatly describe the main matters people should consider
triumph	v.	to be successful; to achieve victory
undertake	v.	to take it upon oneself to do something
worthless	adj.	of no use or value

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Unit 12. ETHICS

Lesson 1 Plant-Powered Living

Word	PoS	English Definition
antioxidant	n.	a substance in the body that protects cells from damage caused by free radicals (unstable molecules)
cholesterol	n.	a type of fat in your body that can cause heart disease if you have too much of it
complement	n.	a number of people or things that completes something or makes it better
conduct	v.	to organize and perform a particular activity
derive	v.	to get something from something else
diversity	n.	the quality of state of having many different forms, types, etc.
exclude	v.	to intentionally not include something
malnourished	adj.	not having enough food or enough healthy food
nutrient	n.	a substance that an animal needs to eat or a plant needs from the soil in order to live and grow
nutrition	n.	eating the right kinds of foods to promote growth and health
poultry	n.	birds kept for eggs or meat
processed	adj.	(of food) having had some sort of chemical or industrial treatment in order to cook it, preserve it, or improve its taste or appearance
protein	n.	a substance found in foods such as eggs, milk, and meat that is important to the human diet
straightforward	adj.	easy to understand; simple
supplement	n.	something that is added to something else in order to make it complete
tissue	n.	the material that animals and plants are made of

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Unit 12. ETHICS

Lesson 2 Nature's Food Chain

Word	PoS	English Definition
abandon	v.	to stop doing something; to give up completely
acclaimed	adj.	highly praised
apparently	adv.	according to what seems to be true or what is likely, based on what you know
carnivorous	adj.	feeding on animals
free-range	adj.	(of livestock) kept in natural conditions with freedom of movement
genetically	adj.	in a way that relates to genes
identify	v.	to recognize or be able to name someone or something, or to prove who or what someone or something is
livestock	n.	farm animals kept for use and profit
logical	adj.	using reason
modify	v.	to change something, usually to improve it or make it more useful
objective	adj.	based on real facts and not influenced by personal beliefs or feelings
omnivore	n.	an animal that uses both plants and animals for food
organism	n.	a living being
pesticide	n.	a chemical used to kill harmful insects, wild plants, and other unwanted organisms
reveal	v.	to make known or show something that is surprising or that was previously secret
undeniable	adj.	plainly true