

Unit 1 Meet the Meerkats

Meerkats are small. They are very cute. They have pointed faces. They have brown fur.

Meerkats live in groups. There are sometimes 40 meerkats in one group! That is a lot of meerkats.

Meerkats help each other. They help get food. They help stay safe. They help care for babies. Meerkats are a big family.

Unit 2 Winter Sleep

Bears eat a lot in spring. They eat a lot in summer. They eat a lot in fall. They get fat. Winter is hard and cold. There is not much food. Bears sleep all winter. They use their fat in winter. Bears wake up in spring. They are thin. They are hungry. Time to eat!

Unit 3 Octopus Hide and Seek

The big blue octopus is not always blue. It can change color. The octopus can hide well. It can look like the bottom of the ocean. Nothing sees the octopus.

The octopus is hungry. It is very smart. It changes color. Fish do not see the octopus. Surprise! Now the octopus has dinner.

Unit 4 Cool Dad

Mom and dad penguins work together. Mom lays an egg. She is tired and hungry. Dad will help!

The ice is cold. Dad puts the egg on his feet. He keeps it warm. Mom can rest. Mom can get food. Dad does not eat. He must watch the egg. He watches it for two months! He's a good dad!

Unit 5 Healthy Hands

Wash your hands. Wash them before you eat. Wash them after you play. Wash them after you use the bathroom.

Washing keeps hands clean. It kills germs. Germs can make us sick. Put the soap in your hands. Move your hands together. Do this for 15 seconds. Rinse with water. This helps keep you healthy!

Unit 6 Ouch! Cavities

We need healthy teeth. We use our teeth to eat. We use them to smile, too.

Cavities are small holes. They hurt your teeth. Don't get cavities! Eat healthy foods. Don't eat too much sugar. Brush your teeth two or three times a day. Floss them, too. Go to the dentist. Keep your teeth healthy.

Unit 7 Feeling Sleepy?

Dogs need sleep. Birds need sleep. Even bugs need sleep. People do, too.

When we sleep, our bodies rest. Yet, our brains are busy. They make memories. They dream. We wake up ready for the day. With no sleep, we feel tired. We feel upset. It's hard to think. Sleep at least 10 hours a night.

Unit 8 Eat Healthy Colors

We all need healthy foods. We eat vegetables. We eat fruits. They are healthy foods. They help you grow. They help make your body strong.

You can make a salad. Fruit can be dessert. It tastes sweet! Eat many different colors. Eat all the colors of the rainbow. Healthy food can be fun!

Unit 9 Origami

We can use thin square paper to make art. We fold paper to make fun shapes. We call this origami. People make paper into flowers. People make many kinds of stars. There are many animal shapes. Can you fold paper into animals? Can you make a bear or a cat? Try to make a bird!

Unit 10 Cartoon Animals

Some artists draw with a pencil. Some artists use a computer. The artists look at a real animal. They study its eyes. They watch its face. They learn when it's sad. They see when it's happy. They watch the animal run and walk. Then they use their skills. Now they can make a cartoon animal.

Unit 11 Colors

Color is everywhere! We see color with our eyes. Our eyes see many colors. Grapes are green or purple. Apples are red or green.

Color changes how we feel. We feel happy when we see yellow. We feel angry when we see red. We feel friendly when we see blue. What colors do you like?

Unit 12 How Art Helps Us

Everyone gets mad sometimes. But art can help us feel better. Use paint. Make a yellow flower. Make a blue sky. A happy picture makes us smile.

Art helps us tell others how we feel. Art helps us learn how others feel. It teaches us about people from long ago, too.

Unit 13 Different Kinds of Transportation

People need to go from place to place. Sometimes they cannot walk. But they can drive cars. They can take taxis. Many people ride in trains or buses. On water, people can go on boats. Animals can help people, too. Dogs can pull sleds in snowy places. People ride sleds.

Unit 14 Traffic Signs

Many cars share the road. We need traffic signs. Cars have to stop at corners. So some signs say “Stop.” Cars can go too fast. So some signs say “Slow down.”

Some places have a lot of animals. So signs tell people to watch for them. Signs help us stay safe.

Unit 15 Right or Left?

People drive on one side of the road. In most countries, it’s on the right. Why? To help drivers.

Drivers sit on the left. This is true in most cars. So driving on the right is easy. Driving on the left is not. In some countries, drivers sit on the right. They drive on the left!

Unit 16 Roundabouts

Many roads have roundabouts. Roundabouts are circles. Cars go around them.

Roundabouts help cars turn. Drivers go slow and look. But they don’t stop. The drivers can see each other. They can see people walking, too. The cars can turn safely. Cars keep moving. People can get where they want to go.